



KEDARKANTHA

TRAVEL GUIDE

4 NIGHTS | 5 DAYS

UTTARAKHAND



ITINERARY

DAY 1 Dehradun to Sankri (200 km) DAY 2 Sankri to Juda Lake (5 km) DAY 3 Juda Lake to Base Camp (2.5 km) **Base Camp to Summit and Back to** DAY 4 Juda Lake (10 km) Juda Lake to Sankri (5 km) and Drive DAY 5 to Dehradun (200 km)



INCLUSIONS





Accommodation (Guest house, Home stay, Camping).



Meals while on trek (Veg only).



Trek Equipments: Sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required).



All necessary permits and entry fees.



First-aid medical kits, stretcher and oxygen cylinder.



Mountaineering qualified & professional trek leader, guide and support staff.



Transport from Dehradun to Sankri and return (according to itinerary).



Mules to carry the central luggage.



EXCLUSIONS





Meals during road journeys.



Insurance.



Any personal expenses.



Mules or porter to carry personal luggage.



Anything apart from inclusions.

THINGS TO CARRY

- Trekking Shoes (Waterproof, Ankle Support)
- Rucksack with raincover (40-60 L)
- Daybag/Daypack (10-20 L)
- Jacket (Windproof, Down Jacket, Fleece Jacket)
- Woolen/Fleece Clothes
- Thermal Inners
- Woolen Cap
- Hand Gloves (Waterproof/Woolen/Fleece)
- ! Raincoat/Poncho
- Trek Pole/Walking Stick
- Trek Pant (Windproof/Waterproof)
- 3 T-Shirts (Collar/Full Sleeves/Rapid Dry)
- Socks (3 Pairs)
- Neck Cover
- 2 Water Bottles (Each 1 L)
- Slippers/Floaters (Non-Slippery)
- Lunchbox/Tiffin Hat or Sun Protection Cap
- Head Lamp/Hand Torch
- Sunglasses (UV Protected)
- Personal Toileteries
- Hand Sanitizer
- Toilet Paper Roll
- Sun Screen (SPF 40-60)
- Moisturizer/Lip Balm
- Glucose/Dry Fruits/Energy Bar
- Personal Basic Medical Kit
- **Personal ID Card (Original with Photocopy)

RENTAL EQUIPMENT

JACKET: ₹500/-

(For Full Trek)

SHOES: ₹500/-

(For Full Trek)

HEAD TORCH: ₹200/-

(For Full Trek)

PONCHO: ₹200/-

(For Full Trek)

TREKKING POLE: ₹150/-

(For Full Trek)

NOTE:

ALL EQUIPMENT AVAILABLE AT OUR
BASE CAMP RENTAL STORE











PAYMENT DETAILS

For Account Transfer

Account Holder's Name: Bitupon Mech

Account Number: 20083864385

IFSC: SBIN0007060

Branch Name: Pulibor (State Bank of India)

For Online Payment





THANKYOU! BEST REGARDS

Bitupon Mech Founder /CEO Northeast Hikers

ADDRESS:		Golaghat
PHONE NUMBER:	A.	8486446953
WEBSITE:		www.northeasthikers.com